



## My Plan for Success

How do I plan to create accountability? Journal? Tracking Tool? Support Person? What barrier might get in the way of completing the action step and what is my back up plan? What three small things am I grateful for?

**My Accountability.**

**My Barriers & Back Up Plan.**

**My Gratitude.**

## My Reflections

What did I learn about myself? What barriers did I encounter? How will I handle these barriers in the future? Did I have any values conflicts? How did I manage the conflict? Would I do it differently next time? Do my actions align with my values & purpose?

## My On-Going Action

How am I doing with my meaningful action steps? Do I want to change my goals to support my purpose better? Will I continue with the same plan or make a change? How will I know when you have accomplished your goal?

